

Summary Information for Open Routes

Name	Track...	Wayp...	Dista...	Time	Ascent	Desce...	Max E...	Min E...	Max S...	Avera...	Min S...	Max H...	Min H...	Naismith
Hot 2017 50K	229	2	50.7 km	3:47.09	916 m	916 m	260 m	116 m	20.4 kph	13.4 kph	7.0 kph	-	-	Mountain...

